# As One

A chamber opera for two singers and string quartet

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Commissioned and developed by American Opera Projects

**LIBRETTO** 

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## As One

Synopsis

As One is a chamber opera in which two voices—Hannah after (mezzo-soprano) and Hannah before (baritone)—share the part of a sole transgender protagonist. Fifteen songs comprise the three-part narrative; with empathy and humor, they trace Hannah's experiences from her youth in a small town to her college years on the West Coast, and finally to Norway where she is surprised at what she learns about herself.

#### Part I

In "Paper route," Hannah rides around her suburban neighborhood delivering newspapers and revels in her more feminine impulses. Her youthful challenges in conforming to gender norms are related in "Cursive," "Sex ed," "Entire of itself" and "Perfect boy"—in such disparate subjects as handwriting, sex, a John Donne poem, and exemplary male behavior. However, in "To know," she discovers that she is not alone in the world and seeks understanding about herself at a local library.

#### Part II

During her college years, Hannah struggles with her bifurcated existence in "Two cities," but also encounters the joy of being perceived as she wishes in "Three words." In "Close," she has made the decision to undergo hormone therapy and briefly suffers its vertiginous effects before feeling at one with her own body. "Home for the holidays," "A christmas story" and "Dear son" all occur around the Christmas season and relate Hannah's growing distance to her family and her past, which is countered by an immediate connection with a stranger in a local café. In "Out of nowhere," Hannah escapes a harrowing assault that prompts her to find a link to the larger trans community and end her self-imposed alienation. Reacting to the conflicting voices in her head, she finally resolves to escape in the fragment, "I go on to..."

#### Part III

"Norway." In this extended aria, Hannah finds, in Nature, solitude, and self-reflection, the simple yet surprising equation that will help her achieve happiness.

[The quartet is onstage when the audience enters. The violist is in a separate space from the rest of the quartet, either offstage or delineated by lighting and/or placement. After tuning their instruments, the introduction begins. At Measure 18 in the music, the violist joins the rest of the quartet. Toward the end of the introduction, both Hannah before and Hannah after appear onstage.]

# PART I.

# Paper route

## Hannah before:

Like every other boy
I have a paper route.
And like every good boy
I wake each morning,
Ride my bike around,
With my jacket on,
And enjoy the "thumph"
Of a well-aimed paper as it lands.

However, unlike every other boy, Unlike every other boy, I sometimes wake extra early, While everyone's asleep, Ride my bike around With my jacket on And a blouse underneath.

(The blouse I stole From a neighbor's clothesline. It isn't much, But fits my twelve-year-old frame...)

## Hannah before/Hannah after:

And Just Feels So right.

## Hannah before:

And the papers still get delivered. The papers still get delivered.

I'm home.
Before anyone sees me,
Before anyone wakes up,
I remove the blouse
And hide it where it
Never will be found.
I button up a thick, flannel shirt

Put my jacket back on And get ready for school. One day I'm braver And tuck two rolled up socks Inside the darts of the blouse.

What could be a breast Is gently grazed By my throwing arm.

Other girls are Getting theirs, too.

## Hannah before/Hannah after:

It all just feels so right. It all just feels so right.

## Cursive

## Hannah after:

Controlled...
Constrained...
It cannot betray me.
My teachers,
My classmates,
My family,
Cannot know.

## Hannah before:

A firm grip, A taut wrist, A watchful eye, Maintain A controlled... Constrained... Cursive. As it should be.

## Hannah after:

I will not repeat
My mistake.
The one I made
In the second grade.
For one assignment,
I wrote like my cousin Annie.

I let the pen guide me, My writing like a girl's. Generous loops, Graceful swirls, Expansive ascenders, Crosses with curls. When I get the paper back From the teacher She has ordered me to redo it, And written in big red letters:

## Hannah before/Hannah after:

"This is not

What you were taught."

### Hannah before:

A firm grip,

A taut wrist,

A watchful eye.

Controlled...

Constrained...

Constricted....

Confined.

## Sex ed

#### Hannah after:

The boys stand in one line...

#### Hannah before:

The girls in another.

The boys go to one room...

## Hannah after:

The girls to another.

The boys hear one teacher...

#### Hannah before:

The girls hear another.

## Hannah before/Hannah after:

We have been separated,

By gender,

To learn about...

Sex.

## Hannah before:

[Impersonating an instructor.]

"In the animal kingdom,

There are only two genders:

Male and female.

These two genders

Have very distinct differences

And these become most apparent

During puberty..."

#### Hannah after:

And so on,

Through...

#### Hannah before:

Testosterone,

Voice deepening,

Acne,

Facial hair,

Masturbation,

## Hannah after:

And the rest.

#### Hannah before:

All delivered in a commanding

But detached voice

Without looking anyone in the eye.

Most of the boys know these things.

Most of the boys stifle their laughter.

#### Hannah after:

But this boy only wants to be in

The other room.

## Entire of itself

[Late in the introduction of this song, Hannah before, Hannah after, the conductor and members of the quartet mechanically recite the poem "No Man Is an Island" by John Donne, as if they are in a Junior High School classroom.]

## Hannah before, Hannah after, Conductor, Quartet:

"No man is an island;

Entire of itself

Every man is a piece of the continent,

A part of the main;

If a clod be washed away by the sea,

Europe is the less..."

## Hannah before:

In junior high, we are assigned

"No Man Is An Island"

By John Donne.

We read the poem,

Together,

Then discuss.

[Hannah before, Hannah after, the conductor, and members of the quartet continue the recitation of the Donne poem:]

## Hannah before, Hannah after, Conductor, Quartet:

"...Any man's death diminishes me, Because I am involved in mankind..."

#### Hannah before:

I am the lone,
Dissenting voice
In the classroom.
I rise and declare
To a sea of non-islanders:
"It isn't true,
I am an island."

With all the experience Of my fourteen years, I see no other life Than one apart, Alone.

I need no one.
No one needs me.
I consigned myself
To my own island long ago.
Long ago.

I argue, and,
Satisfied by
My brilliant discourse on independence,
Sit back down.
The classroom is silent.
The teacher seems impressed.
(Or was she/he concerned?)\*

## Perfect boy

[Hannah before jogs and is out of breath by the end of the song.]

## Hannah before:

I must—must!—be
The perfect boy:
The fastest,
The smartest,
The strongest,
The best,
The perfect boy.

I need to Out-achieve Out-accomplish Out-perform Out-run, Out-scramble, Out-do, Everyone; The perfect boy.

Class president, Straight "As," Star quarterback, Honor roll. All of it. Most likely to: Succeed, Win the game, Score the point, Make the grade, Never get in trouble, Never do wrong, Ever upstanding, Always the best, Perfect, Perfect. And no one will know.

I must run so fast, Succeed so much, Do so well. No one will know, No one will know. Class president, Straight "As," Star quarterback, Honor roll, All of it. Most likely to: Succeed, Win the game, Score the point, Make the grade, Never get in trouble, Never do wrong,

Ever upstanding,

Always the best,

Perfect Perfect

Achieve Accomplish Perform Run Scramble

<sup>\*</sup> choose pronoun depending on the gender of the conductor

Run Scramble

Perfect

Game Run

D

Point

Run

Grade

Run

And no one will know,

I will run so fast,

Succeed so much,

Do so well,

No one will know,

No one will know,

No one will ever know.

[Offbandedly:]

Not even me.

## To know

## Hannah after:

Then, I see her on TV.

There she is.

She is.

And I hear the word.

The real word.

The magic word.

Finally a name for this.

That is me.

That is my word.

I repeat it,

Over and over.

As soon as I can,

I go to the library,

The Lewis and Clark Library,

Named for explorers.

When the coast is clear

I creep to the card catalog,

Thumb through the cards,

My hands trembling.

"Transatlantic Travel"

Farther...

"Transfiguration, The"

Farther...

"Transylvania"

Too far...

And there it is,

The word,

The magic word.

Typed,

On a yellowing card.

[Hannah before appears out of nowhere and impersonates a snoopy librarian.]

#### Hannah before:

"Need help, young man?"

#### Hannah after:

I slam the drawer shut,

And come face to face

With the beady eyes

Of a stealth librarian.

"No th-thank you, sir."

How could I have let this happen?

How did I let down my guard?

Never again,

Never again.

Later I grab a book

With the magic word,

And hide it in

Another book.

And slip to the darkest corner

Of Lewis and Clark...

## Hannah after/Hannah before:

And I read.

And learn.

Read.

And I learn.

Learn

There are others.

There are others.

To learn

I'm not the only one.

The relief,

The power,

The power!

Just to know.

Just to know.

## Hannah after:

I return to Lewis and Clark many times.

And hide new books

In the same old one.

## Hannah before:

(To the world it might look like

I'm becoming an expert on

The Transvaal War.)

v

# PART II.

## Two cities

## Hannah before/Hannah after:

Now I live in two cities Adjacent to each other.

To one I bring

The outward trappings

Of femininity In a small bag And drive across

The bridge that connects them.

The bridge itself Is very high, Suspended, Aglow in light, With a lovely view.

Once in My other city I put on my things And am overcome With joy.

## Hannah after:

I glide I fly, Suspended, Free, Free.

## Hannah before/Hannah after:

Too soon I have to go back To my other city. I cross the bridge Now choked by fog.

My small bag grows, So do the frequency Of my trips Across the bridge.

It feels like compulsion,
Something I should control,
Not allow.
How do I contain it?
Subdue it?
End it?

And yet I still drive

To my other city.
Drive
Across the bridge,
Very high,
Suspended
Aglow in light,
With a lovely view.

## Hannah after:

I glide I fly, Suspended, Free. Free.

## Three words

## Hannah after:

"Pardon me, miss."

I hear Three words.

"Pardon."

"Me."

"Miss."

Three words.

Pretty dull As words go.

But they mean
Everything to me.
Everything.
For I have passed.
To the man
Who said those words in passing,
Three small words.
Just three words.

And I feel
A rush of contentment
For once.
All the jarring noises
Resolve in harmony,
All the warring voices
Are at peace.
Because I'm perceived,
Finally perceived,

Finally seen, Finally,

As I am

As I am.

As I am.

## Close

## Hannah before:

Some yellow pills,

A stiff martini to wash them down,

And it is done.

## Hannah after:

I wait.

Days.

A week.

Weeks.

I devise corporeal variations on "A watched pot never boils."

# Hannah before:

Is my skin really softer? Is my face really fuller? Am I just imagining it?

More pills. Months.

No, I'm not imagining it.

I knew about

The outer changes—

Weight migrating,

#### Hannah after:

Edges rounding,

#### Hannah before:

Hair softening—

But I am not prepared for-

## Hannah before/Hannah after:

The inner changes.

These are intense.

Sudden.

Disorienting.

#### Hannah after:

Emotional vertigo.

## Hannah before:

Hypersensitivity,

#### Hannah after:

Crying at the weirdest things.

## Hannah before:

Burnt soup,

Dumb pop lyrics,

## Hannah after:

Diamond commercials.

#### Hannah before:

I fight it.

What am I fighting?

Who am I?

The new me, the old?

What is happening?

And then I finally learn

To accept the changes,

To trust,

To see them as integral,

## Hannah before/Hannah after:

Natural.

## Hannah after:

And that's when

A tremendous euphoria

Takes over,

Joy.

Joy.

At feeling

Aligned.

At peace.

As one.

## Hannah before/Hannah after:

I see myself in the mirror

And think...

Close.

# Home for the holidays

[Hannah before composes a letter to her parents.]

#### Hannah before:

Dear Mom (and Dad!): I wanted to call you, But thought it Better to write. I'm sorry, but I don't think I'll make it home For Christmas This year.

I have so much work to do, And so much going on. And I really can't afford

A plane ticket At this late date.

It will be my first Christmas away

And I'll miss you guys,

And the tree,
And the house
All done up
For the holidays.
And the snow.

I know you're disappointed.

At any rate,

I might get home this Spring, And that's just around the corner. But I'll call you on Christmas Day. In the meantime I send you both

A lot of love.

—Н.

# A christmas story

## Hannah after:

Christmas Day.
Late afternoon
At a coffee shop,
Blessedly open.
I sit with the others exiled
By the holidays—
Self-imposed
Or otherwise.
I'm writing,

And look up to see a guy Smiling at me. A very sweet smile. The kind that you can't help But smile back at.

And soon he's at my rickety table, Asking if he can join me.
A momentary panic—
No one told me how to do this!
How to flirt!
Is this how it starts?
What does it mean?
I say "yes."
He asks what I'm writing.
I say "I'm not sure."

We talk and talk.
He's very cute.
Pierced and inked,
But not overly so.
I like being
On this side of the table.
But flirting this way
Is a new thing.
(As if one puberty
Weren't awkward enough.)
But soon we're just two
Exiled people
Denying our exiles
And connecting.

The sun is setting, And we notice the fog come in.

For all the flirting
We acknowledge,
Silently and sweetly,
That this will not go
Any further.
That this connection suffices.
And that's the beauty of it,
The beauty I feel
When he kisses me lightly
On the cheek.
A beauty I feel
In the warmth of his hand
As he places it in mine
And says, "good night."

## Dear son

[Hannah before reads a letter from her mother.]

#### Hannah before:

Dear son:

It snowed all day.

The Coopers dropped by

Like they always do.

Everyone asked about you.

I love the new sweater

And am wearing it now.

And your Dad thanks you for

The box set of Classic Movies.

Thanks also for your call

On Christmas Day.

You sounded quiet.

I just want to know

You are happy.

We love you.

-Mom

## Out of nowhere

#### Hannah after:

Out of nowhere

He sticks out his arm

To block me from getting in my car.

He snarls, "What are you?"

Hannah before: His breathing is hard, [In a completely separate space or from offstage, far apart

from Hannah after, Hannah before speaks in a quiet and robotic voice, reciting a roster of transgender people who've

recently been slain.]

Nakia Ladelle Baker

Nashville, Tennessee

Trauma to the head

Strangled and beaten Silvana Berisha

Hamburg, Germany Stabbed to death

Dilek Ince

Jatai, Brazil Stabbed

Diksy Jones

Rome, Italy Violently beaten, skull bashed in

Thanawood Wiriyananon Phuket, Thailand

Ankara, Turkey Shot in the back of the head

Wellington, New Zealand Blunt force trauma to the head

Neck wounds, burned, thrown in a ditch

Throat cut, partial decapitation, genitals stuffed in mouth

Katia Otacilio Vilela

Agnes Torres Sulca Atlixco, Puebla, Mexico

Thapelo Makutle

Kuruman, South Africa

Erica Keel Philadelphia, Pennsylvania

Run over repeatedly by a car

Stoned and drowned by police Kellie Telesford Thornton Heath, UK

Strangled Dayana Nicole Castillo Garcia

Elly "Sayep" Susanna Jakarta, Indonesia

Tarapoto, Peru

Stefania Koppi

His eyes are inflamed.

There's no one around.

The lot is not lit.

He shouts it.

He shouts it this time:

"What are you?"

I ask him to stop,

To leave me alone.

Where's a weapon?

Anything!

"What the fuck are you?"

Keys, anything.

And suddenly

He clutches my neck,

He tightens his grasp.

With all of my strength

I leverage a kick.

I jump in the car.

He reaches for me.

I slam the door.

Start,

Car,

Car,

Marion Lanza Start! Honduras Shot Krissy Bates

He pounds at the window. Minneapolis, Minnesota

Start, start, Stabbed Ashley Sweeney Please, God. Detroit, Michigan Shot in the head Oh God. Selma Diaz Chicago, Illinois

"You bitch." Drowned Shelley Hilliard Pound. Pound. Detroit, Michigan

Murdered, decapitated, dismembered, burned January Marie Lapuz "I'm going to kill you."

I'll kill you, I'll kill you." British Columbia, Canada Stabbed to death I drive off. Ruby Molina

Sacramento, California He chases still shouting.

Drowned Noor Azian Khamis, I drive and drive, Johor, Malaysia Stabbed My heart is pounding. Islan Nettles Harlem, New York

I have escaped.

Beaten to death

Stabbed to death

I am safe.

[During the orchestral interlude, Hannah gets safely home, locks the door, retrieves her laptop and turns it on. She searches online for other incidents of violence against transgender people.]

#### Hannah after:

Later.

Alone at home,

I look online.

I look online.

There are others.

I am not safe.

## Hannah before:

Emanuelly Colaco Taborda

Paraná, Brazil

Strangled

Patricia Murphy

Albuquerque, New Mexico

Shot several times in the head

Menakshiammal

Krishnagiri, India

Burned and throat slit

## Hannah before/Hannah after:

Kamilla

Volgograd, Russia

Shot to death.

Amanda Gonzalez Andujar

Queens, New York

## Hannah before:

Unidentified

Guayaguil, Ecuador

Unknown

Milan, Italy

#### Hannah after:

I am not an island. I am not an island.

## Hannah before/Hannah after and Quartet:

Unidentified...
Unknown...
Unidentified...
Unknown...

## I go on to...

## Hannah before:

They continue.
The voices.
In my head.
You won't be happy.

## Hannah after:

You won't be happy. You can't go back.

## Hannah before;

It is wrong.

#### Hannah after:

What are you doing?

## Hannah before:

What are you thinking?

## Hannah after/Hannah before:

The noise is too loud.

#### Hannah before:

The noise is too loud.
I cannot go on.
I cannot go on.
But somehow, somehow...

## Hannah after/Hannah before:

I must go on. I must go on.

## Hannah before:

I go on To... Norway.

## PART III.

## Norway

## Hannah after:

Norway.
Where else?
Norway.
A friend of a friend
Rents out a cabin
In Norway,
In the middle of nowhere,
Just me and the Northern Lights,
Which I've always wanted to see,
Just me,
The middle of nowhere,
Neither here nor there.
—Perfect.

Soon, I'm lurching past fjords And road signs with slashed "o's." I attempt a yodel, Then remember that yodeling Isn't Norwegian.

A fjord.
Fields,
Mountains far off,
And the cabin.
Which is really just a shack
With cabin aspirations.
No one around for miles.
And I think:
Here is a setting for
A moment of transcendence.
Or murder.

I go inside the shack. It smells of goat.

I throw down my bag. And weep.

That night, I don't sleep. Grief. Loneliness. Doubt.

Why am I here?

The following day,

I decide to make jam.
I gather berries.
It takes forever.
And tastes awful.
I throw out the bitter fruit.

A few more sleepless nights.

One day, I take the wooden skiff Out on the water. Clear, Calm, Deep. Clear. Calm. Deep.

Halfway out,
I realize it has a leak.
But make it back in time
With a boat half-filled of icy water.
And sit on the shore
Out of breath.

Why am I here?

I realize that I
Have not spoken to anyone in days.
I am alarmed because
I have this realization
Out loud.

That I've spent four days As I am. As I am. Without regard to Anyone else, Or what they think. I only care if I pass To myself.

I also realize

Every night
I go to the water
And sit beneath the
Shuddering stars.
And wait for the Northern lights
To make an appearance in the sky.
A glowing glimmering shimmering in the sky.
It doesn't happen.

Every night: Nothing. Not even the faintest glow.

I think:

Nature doesn't always comply With our wishes. Nature just is. Nature also doesn't work In metaphors Like leaking boats, Or bitter fruit. It just is.

And here, On my self-imposed island, I connect with the universe. And the universe tells me: "You are an idiot."

It's a very simple equation: You are not happy. You can be happy. There is an echo And it repeats "You are not happy. You can be happy."

And so
I resolve
To make myself happy.
And the only way to do that
Is simple.
And nautral.
No metaphors.

I sleep that night Like never before.

The next morning,
I rise,
And make jam again.
This time with better berries.
I fix the hole in the boat,
And even try a yodel.

And...

I write a dozen postcards.
My first communication
With the outside world
In a week.
I let my hand guide me
As I write
And sign each card with my
New name.
I look at the handwriting.
My teacher would not have approved.

Graceful swirls, Expansive ascenders, Crosses with curls.

My writing is not Like a girl's, Or like a boy's,

#### Hannah before/Hannah after:

It is mine.
It is free.
Free.
Glimmering
Shimmering
Northern Lights.

## Hannah before:

Northern lights.

#### Hannah after/Hannah before:

Northern lights. And I go home As one.

[The End.]

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